



My week

Ages 4–5

Name _____

Tick the box or colour the star when it's done. At the end of the week, count the stars together.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
 Brush teeth	☐	☐	☐	☐	☐	☐	☐
 Wash hands before eating	☐	☐	☐	☐	☐	☐	☐
 Get dressed on my own	☐	☐	☐	☐	☐	☐	☐
 Tidy the toys	☐	☐	☐	☐	☐	☐	☐
 Bedtime without a fuss	☐	☐	☐	☐	☐	☐	☐
 Listening	☐	☐	☐	☐	☐	☐	☐



This week's reward



Bonus for a great week





FamilyQuest

Free printable from FamilyQuest — the free app puts this chart on your phone and your TV, with an avatar that walks a map to the reward. No ads, no subscription.

<https://lzammit.github.io/support/familyquest/> · iPhone · iPad · Apple TV · Fire tablet · Fire TV